

TEACH US TO PRAY

Week 1 Discussion Questions

The Lord's Prayer

Matthew 6:5–13

Icebreaker:

Who has taught you how to pray?

When you think about prayer, what has your experience mostly been? Structured and consistent, spontaneous and occasional, or something else? Why?

Read this week's passage (Mathew 6:5-13).

What words, phrases, or themes stand out to you most? Why?

Jesus begins with "Our Father in heaven." What does this teach us about who God is and how we are invited to relate to Him in prayer?

The first half of the prayer focuses on God's name, His kingdom and His will. Why do you think Jesus starts here before moving to our needs? What does this reveal about the purpose of prayer?

What does it look like to depend on God for daily provision in your current season? Where is that easy or difficult for you? Can you share a time when God answered this need in a powerful way?

Why do you think Jesus connects our request for forgiveness to our willingness to forgive?

How should we pray when we are faced with temptations? How does this help? Look at Hebrews 2:18, James 1:13-14.

How does the Lord's Prayer challenge or change the way you currently approach prayer?

Application:

This week, use the Lord's Prayer as a daily guide. Each day, slowly pray through one section (Father, His kingdom, daily provision, forgiveness, guidance), and take a few minutes to personalize it in your own words. Come next week, ready to share what you noticed or experienced.