

JAMES

MARK IT UP

James 1:19-21 Discussion Guide

Week of 3/6/22

Icebreaker: We all know what uncontrolled and unjustified anger looks like. What are some consequences of it?

Getting Started: Read James 1:19-21 as a group.

1. In general, how do you think listening, speaking, and anger relate to one another?

Application: On a scale of 1 to 10 (10 being the best), how would you rate yourself at being quick to listen, slow to speak, and slow to become angry?

2. Verse 18 (last week) introduced “the word of truth.” Verse 21 (this week) includes “the implanted word,” and verses 22-23 (next week) mention “the word.” Given this context, to what are the *beloved brothers* supposed to be “quick to hear”?

Application: What do you think it looks like for us to be “quick to hear” the word of truth? What kind of things help us listen well to it?

3. In verse 20, what’s the problem with “the anger of man”? What do you think James means by what he says?

Application: Is anger always bad? If not, what do you think makes anger justified or righteous?

4. The word *meekness* in verse 21 points to humility or not thinking too highly of oneself. What does it mean, then, for a person to “receive with meekness the implanted word”?

Application: How could this kind of attitude or disposition help us live out James’s instruction in verse 19?

5. What do you think it would be like to be part of a community of believers who strive to do what James is instructing in verses 19-21?

Application: How do you think your group is doing in these areas? Why?