

# WEEK 1

## SMALL GROUP GUIDE

# BLAST



## BIG IDEA

We can spend time with God.

## THE BIBLE

Jesus Visits Mary and Martha: Luke 10:38-42;  
(Colossians 4:2)

## QUESTIONS

### Snack | Rocket Munch

- **INSTRUCTIONS:** Pass out a themed snack to all of your preschoolers while you discuss the questions about the Bible Story. Since we just started "Blast Off," try making these [Rocket Ship skewers](#). Prepare bowls of different fruits (e.g., banana, watermelon, pineapple, strawberry, etc.) that kids can arrange on skewers to make a rocket ship!
- **Who did Jesus go visit?**
- **What did Martha do when Jesus came to their house?**
- **What did Mary do when Jesus came to their house?**
- **Who did Jesus say made the better choice? Why?**
  - **TODDLER HACK:** Instead of using skewers, cut each fruit pieces into halves so that each fruit slice lies flat on a plate. Help kids arrange the fruits to make them into a rocket!

## ACTIVITIES

### ACTIVITY | Circle Time

- **INSTRUCTIONS:** Have everyone sit in a circle then give each kid an aluminum foil asteroid. One at a time, they toss their asteroids into a bowl or bucket in the middle of the circle. When they get an asteroid in the bowl, ask them a question from the list below:
  - **If you were Martha, what would you have made Jesus for dinner?**
  - **What do you think Jesus was saying to Mary and the other guests?**

- **If you were Martha, what would you have said to your sister for not helping you?**
- **Where is one place you can spend time with God?**
- **What is one way you can spend time with God?**

### **ACTIVITY | Act it Out**

- **INSTRUCTIONS:** *Choose kids to dress up and reenact the Bible story. You'll need a Martha, a Mary, and a Jesus, as well as a table with plates and play food. You might want to give Martha specific chores to do while Mary sits at Jesus feet.*
- **Mary did the best thing by choosing to spend time with Jesus.**
- **We can spend time with Him too, any time and any place. We can talk to God or sing worship songs to Him anytime we want.**

### **MEMORY VERSE | Psalm 119:105 (NIV)**

- One big way to spend time with God is to remember what the Bible says!
- **INSTRUCTIONS:** *Introduce kids to this month's memory verse, teaching them the signs (a combination of SEE and ASL) we've provided.*

**MEMORY VERSE OF THE MONTH:** *Psalm 119:105 (NIV)*

*Looking for sign language? Go to [growcurriculum.org/Psalm119-105](http://growcurriculum.org/Psalm119-105) and get memorizing!*