

WEEK 2

SMALL GROUP GUIDE

BLAST



BIG IDEA

People can help our faith grow.

THE BIBLE

Jesus Heals a Paralyzed Man: Mark 2:1-12;
(Galatians 6:2)

QUESTIONS

SNACK | Sweet Friends

- **INSTRUCTIONS:** We are making deconstructed s'mores! Give each child a graham cracker and four marshmallows. Have them position the marshmallows in a way the graham cracker can sit on the four marshmallows. Then put a small piece of chocolate (like a Hershey's™ kiss) on top of the graham cracker.
- **Why couldn't the man get to Jesus on his own?**
- **How did the man get to Jesus?**
- **What did Jesus say to the man?**
- **What happened to the man after he met Jesus?**
 - **TODDLER HACK:** Toddlers should be able to do this activity, but you might want to choose a piece of chocolate that doesn't need to be unwrapped (like M&Ms®). Or if you think this ensemble might be too sweet for younger kids, you can swap out the ingredients with saltine crackers, cubes of cheese, and a piece of fruit.

ACTIVITIES

ACTIVITY | Circle Time

- **INSTRUCTIONS:** Gather the kids together in a circle and play this simple game while you continue to discuss. You'll need a balloon man (blow up a balloon, then use a permanent marker to draw a face on it.) Have the kids sit or stand in a circle and tell them to keep the balloon man off the ground by bopping him with their hands, but they can't bop him twice in a row — everyone has to have a turn before they can bop the balloon again. If anyone lets the balloon fall, stop and ask a question about the Bible story.

- Tell us about one of your good friends. What do you like to do with them?
- Tell us about a time when you needed help from a friend. What did your friend do to help you?
- If you were the man on the mat, how would you have felt when your friends brought you to Jesus?
- How can you help your friends this week?

ACTIVITY | Help Your Friend

- **INSTRUCTIONS:** Have three kids hold hands or link arms together. The kid in the middle has to close their eyes. The objective is for the group of three to successfully get from one side of the room to the other (or circle the room).
- Was it hard or scary to trust your friends to help you?
- What did it feel like to be the one helping?
- Do you enjoy helping others?
- How can you help people know that God loves them?

MEMORY VERSE | Psalm 119:105

- **INSTRUCTIONS:** Have kids echo you one or a few words at a time. To make it more interesting, try using funny voices! If you have time, you can repeat the [sign language](#) instructions from last week.

MEMORY VERSE OF THE MONTH: Psalm 119:105 (NIV)

Looking for sign language? Go to growcurriculum.org/Psalm119-105 and get memorizing!