



GOD'S GOOD PLANS

TALK IT OVER | LESSON 1

Hey parents! This week your child learned that they can **ask God to help them understand his good plans**. They heard the Bible story of **Jehoshaphat**, too! Use these questions as a guide to talk over this week's lesson after they've watched the video service!

1. What was your favorite part of the video we just watched?
2. Who was Jehoshaphat?
Jehoshaphat was the king of Judah.
3. What does it mean to fast and why did Jehoshaphat do that?
Jehoshaphat was facing a big problem. A large army was getting ready to attack him and all of Judah. He didn't know what to do. So, in addition to praying, he asked everyone to fast. Fasting is when you give something up, usually food and water, for a short period of time as a way to humble yourself so that you can focus on God for help.
4. What is something you could give up and fast, just like Jehoshaphat?
It doesn't matter if it is dessert, TV time, YouTube, etc. What matters is that you are choosing to focus on God instead of doing those things. Is there something you've been wondering about or wanting God to answer? Fasting and praying are great ways to spend time with God and understand his plans.
5. What did the Holy Spirit reveal to the people?
The Holy Spirit revealed God's plan and promise to through a man that was fasting and praying, too. He told them to not be afraid and that God would be there to help them and give them victory.
6. What good plans does God have for you?
God plan is for everyone to choose to love and follow Him. His plan is to help us show love to everyone so that they can know and love God, too. Pray to God and ask him to show you his good plans for your life.
7. Have you ever prayed to God to ask him to be the Lord of your life and make the choice to be in God's family? Is that something you want to talk about?
**Refer to the How to Become a Christian booklet to help with this conversation.*
8. Take some time to pray as a family. Thank God for his good plans and that you can always talk to him. Ask him to help you understand his plans and to do the good things he calls you to do.