



## **“Conversations with God”**

100 Days of Prayer

October 2, 2005

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Philippians 4:6

### **Why 100 Days of Prayer?**

1. To pursue greater discipline and maturity together.
2. To invite (and see) God’s work among us.
3. To glorify God with many voices of thanksgiving.

### **What you can expect to happen in the next 100 days:**

1. A change of heart.
2. Very specific answers.
3. Miracles (answers that defy human explanation).
4. Sweeter and deeper fellowship.

### **Some obstacles to overcome:**

1. Pride
2. Doubt
3. Laziness
4. Business

### **Some introductory truths about Prayer:**

1. Prayer is a gift; pray with thankfulness.
2. Prayer is a task; pray with diligence.
3. Prayer is spontaneous; pray (walk) in the spirit.
4. Prayer is learned; pray with your bible open.
5. Prayer is worship; pray to be with God.
6. Prayer is petition; let your requests be made known.

**For your LIFEGROUP:**

1. Share one answer to prayer you've experienced in your life.
2. Which obstacle will be hardest for you to overcome in order to pray more in the next 100 days? Why?
3. Read Philippians 4:6 again and describe in your own words why anxiety and prayer are mentioned in the same verse.
4. Is there a miracle you will pray for in the 100 days?
5. Read Nehemiah 1:4-11 (see 2:4 & 4:9) and make a list of what you learn about prayer from Nehemiah. Make this a theme of your personal study with God this week.